### talkabout 20th August 2020

Issue 8

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#### SASS RECOGNITION WEEK

As Principal, I could not do my job without the support of our SASS staff. The SASS staff are the public face of the school and always act in a professional manner. We are so lucky to have a School Administrative Support Staff (SASS) staff that loves working with students

I always get positive comments about our SASS staff, particularly from parents. Below are some quotes from our teaching staff.

"Always has a ready smile and impressive stocks of hand sanitiser."

"Always goes above and beyond with assisting all students learning in the classroom. She is always calm and patient with the students and is an enormous support in the classroom."

"Is "da bomb." If she can't find the right answer, she can always point you towards the person who can."

"Very organised and professional. Keeps us teachers in line."

"Is the general!"

"Her mathematics skills are very useful in the classroom."

"Gives you a soft little reminder to adhere to dates."

"Will do anything for you to assist in the classroom. She has great decoration skills as well."

"Always smiling and willing to help with anything IT related."

"Nothing is ever too much."

"Goes above and beyond to ensure the welfare of the kids is the first priority."

"Is a champion!!!"

"Sweet and hardworking and the kids just love her."

"A genuinely sweet lady who is always keen to assist."

"So sweet, and so are her avocados."

"Is vibrant and has her finger on the pulse."

"Mr Fix-it who responds quickly to our needs."

"Whenever a teacher needs assistance, she often drops what she is doing to help!"

"Always happy and helpful."

"Bends over backwards to help."

"Send a text and he will be up to resolve any issue."

"A breath of fresh air."

"Provides great assistance to all students and you can see that developing a rapport is important."

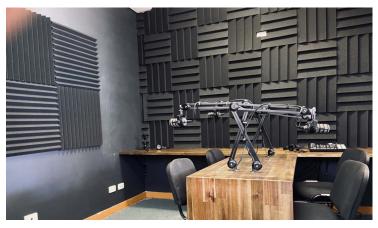
"Goes above and beyond making sure our jobs as teachers are free from technology challenges."

#### WELCOME TO THE WOLLUMBIN MEDIA LAB

Thanks to support from the P&C, we have completed our media recording and editing studio. The Media Lab first started as a podcast studio, a place for students to share their voice and gain experience in a medium that is growing in popularity by using professional quality equipment. The equipment also allowed teachers to record lessons during the Learning from Home period. Now, thanks to the tireless effort of some of our teachers, the studio is set up as a professional space with sound and film recording and editing equipment that is of industry standard.

"The equipment in this room is the best in the business, but also allows students to use their BYOD devices as the portability and accessibility of this technology just continues to improve," says Mr Walker. "The portable equipment has already allowed students to record and interview out in the field".

With the new WHS Media Club, students have a chance to produce authentic products that not only promote their voice but give them necessary skills for a career in the media industry.





#### CONGRATULATIONS DEPUTY PRINCIPAL'S AWARDS

- Year 7 Lilly Brosnan, Elicia Hosier, Danni McDonald
- Year 9 Kaitelyn Walton, Hope McDonald, Holly Stillman
- Year 12 Amy Edmed, Aurin Cahanovich, Ella Curtis



#### CONGRATULATIONS AWARD OF EXCELLENCE

- Year 7 Eva Rose Kolk, Wade Doueihi
- Year 9 Hope McDonald



#### CONGRATULATIONS PRINCIPAL'S AWARDS

- Year 7 Elicia Hosier, Danni McDonald, Harnur Singh, Noah Secomb, Fionn Bartesko, Aurelia Bennett
- Year 8 Vincent Cranney, Jaslyn Wilkes
- Year 9 Holly Stillman







Year 7 Bruno Freeman



### WHAT'S ON

Term 3	
25th August	P&C Committee (TBC)
1st September	Parent Teacher Phone Interviews Years 10, 11 & 12

#### COVID-19

Following is the link which will provide you with the latest information regarding COVID-19.

https://education.nsw.gov.au/covid-19.html

#### **VISUAL ART**

During Visual Arts, some of our Year 7 students have been exploring the artworks of Pablo Picasso. Here they were asked to draw their best friend using one of Picasso's most influential styles, cubism. The imagination, dedication and creativity that went into their pieces of artwork was outstanding!

#### HOMEWORK HELP

Homework help is available for all students during break 2 in the Learning Support Room on Monday, Tuesday and Thursday. Students can bring their lunch and use the computers, access the internet or consult any of the reference material we have.



If your child needs help completing homework, assessment tasks, projects or just time to catch up on class work remind them to come along!



#### WOLLUMBIN HIGH HAS A NEW LED SIGN!

After a lengthy process, Wollumbin High has finally installed a new LED sign. It is positioned 8 metres from the power lines to meet council compliance as it legaly cannot be any closer to the road. Works are still underway, but keep an eye out for our first LED message!

#### KOREAN

During Korean all Year 7 students have been learning

about Korean food culture. As part of the unit, students were required to create a menu for a potential Korean restaurant opening up in the community. Students enjoyed learning about the different ingredients and dishes, practising writing Hangeul, learning new phrases and words and making comparisons between Australia's and Korea's eating etiquette.



Additionally, students were required to create a hypothetical Korean dining experience using Korean vocabulary. The effort and achievement of these presentations were outstanding.



#### **TERM 3 GIRLS PROGRAM**

Our 2020 Term 3 Girls Group were very excited to attend their first Psych Circuit session at the Youphoria Training Centre in Week 4 of term. This marks the beginning of a seven session series that will be run weekly for the remainder of Term 3. This innovative program is being offered as part of an initiative by Wollumbin High School to build resilience and improve emotional wellbeing among the female student population.

The program is being delivered by accredited trainer and founder of Youphoria Coaching, Ruth Feltham at their brandnew facility at Centrepoint Arcade in Murwillumbah. Ruth is a dedicated cognitive behavioural coach and she will be educating the girls on the importance of neuroscience techniques, behaviour pattern disruption and movement in order to improve wellbeing.

During the sessions the girls integrate cardio and strength training, aromatherapy and breathing, emotional freedom techniques (tapping), positive statements (training the default dialogue), mindset focus strategies, and meditation to create an environment within their body that supports health, wellbeing and emotional management strategies.









#### PROJECT HOPE

Wollumbin High School was specifically invited to participate in the research project, "Project Hope".

The research project aims to examine the effectiveness of a mentoring intervention program designed to help young people remain interested and engaged in their education.

Professor Joseph Ciarrochi from the institute of Positive Psychology and Education at The Australian Catholic University (ACU) is leading the project and is an expert in adolescent development.

Thank you to the 16 students who are participating in the weekly online mentoring sessions.

After the first session this week the participants were very positive and upbeat.

#### HEADLICE

Whilst head lice are most common among primary school aged children, all students are susceptible. It has been suspected that nits/head lice are present in the hair of some students within the school.

Please check your child's hair for nits/lice tonight using the methods recommended by NSW Health (<u>http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx</u>).

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at <u>http://www.schools.nsw.edu.au/studentsupport/</u>studenthealth/conditions/headlice/index.php.

Professor John Fischetti University of Newcastle

Learners retain

90% when they teach someone immediately	(SAY and DO)
75% when they practice what they learn	(DO)
50% when they engage in group discussions	(SAY)
30% when they see a demonstration	(SEE and HEAR)
20% when they learn from an audio-visual	(SEE and HEAR)
10% when they have learned from reading	(READ)
5% when they have had a lecture	(LISTEN)

#### YEAR 7 HSIE

Currently, all Year 7 students are studying History. During the semester, they will examine the topics Investigating the ancient past, Ancient Egypt and Ancient China.

Year 8 E and I students are currently studying History and the course focuses on the transformation from the ancient to the modern world, as well as focus studies on Medieval Europe and the Shoguns. Students in F and L are exploring Geography. The two topics we look at are "Water in the World" and "Interconnections".

9L and F are undertaking the Geography component of the course and are studying Sustainable Biomes and Changing Places. 9E and I are studying History and are looking at the Movement of People and the Impact of the Industrial Revolution. The second focus is on both of the World Wars.

Year 10 also operates on the semester rotation. 10l continue to complete both the History and Geography components of the course. 10E are experiencing Geography. The two topics are Environmental Management and Change and Wellbeing. 10F are studying History and looking at Changing Rights and Freedoms.

Hopefully, we will be conducting fieldwork in the near future. Senior students have settled in to the demands of both the Preliminary and HSC courses across Ancient History, Business Studies, Geography and Legal Studies.



### AFTER SCHOOL HOMEWORK HELP

When: Every THURSDAY after school until 4pmWhere: Computer Room 2Who: Mrs Hirst and other staff on a rotational basis